



Unique Selling Points:

Weighing from only 2.4gms, the ultra-thin, sleek and minimalistic form factor offers unparalleled comfort, day and night.

Ring Air is designed to be an unobtrusive and much more comfortable alternative for those who find fitness devices too bulky.



Features	Ultrahuman Ring Air	Oura Ring 3	Apple Watch SE	Garmin Venu
Battery Life	Up to 6 days	Up to 6 days	Up to 18 hours	Up to 14 days
24/7 Tracking	Yes	Yes	Yes	Yes
Sleep, Recovery, Movement Index	Yes	Yes	Yes	Yes
Workout Mode	Yes	-	Yes	Yes
Circadian Rhythm Tracking. (for jet lag and sleep improvement)	Yes	-	-	-
Weight (From)	2.4 grams	4 grams	30.49 grams	37 grams
Inner ring structure	Smooth inner resin for comfort	Bubbled inner resin	Inner ring structure	Inner ring structure

Source: Ultrahuman, 2024

